



Kind

Ambitious

Determined

Headteacher: Mr G Green

30 January 2026

Dear Parent/Carer,

Fakenham Academy and Sixth Form strives to provide your child with the best and most diverse curriculum it can offer. As part of the curriculum, the personal development of a child is crucial in providing them with the knowledge and skills to be ambitious and successful.

As part of our commitment to personal development, we will host our Personal, Social, Health Education Drop Down Day on Tuesday 3<sup>rd</sup> February. We have invited external providers to work alongside our own staff to provide an interesting and engaging day of activities and presentations. The topics we will be covering are:

Year 7 – Domestic relationships, mental health conditions and strategies, first aid, online behaviour and careers.

Year 8 – Finance education, criminal justice system, British Values and well-being.

Year 9 – Extremism, external support agencies, AI, preparing for work experience and physical health.

Year 10 – Finance education, alcohol abuse, interview skills and preparing for further education.

Year 11 – Preparing for GCSE exams.

Year 12 – Preparing for the future.

Year 13 - Preparing for the future.

The timings of the school day will be as normal.

Only Year 9 will need their PE kit, so if your child usually has PE on this day, they will not need to bring it in.

We understand that some topics may be sensitive for our students. However, all lessons have been carefully planned in line with government guidance. To ensure every student feels safe and supported, we've invited specialist visitors to join us on the day. As always, staff will be available throughout the day to offer support. We believe the education provided during our PSHE days are not only valuable but can have a lasting, positive impact on our students' futures.

Yours sincerely

*S Gray*

S Gray

Assistant Headteacher - Personal Development