FAKENHAM ACADEMY

Year 7

Summer 1
Exploring the UK's political system

What are British Values?
What is Parliament?
Political parties and campaigns
How are laws made?
Creating a campaign

Summer 2
LGBTQ+ explored

LGBTQ+ key terms
Different relationships
Key figures
Positive poem
Activism
Allies
Progression
Positive school community

Spring 2
Evaluating social media

Misinformation and disinformation
Anti-social media
Effects of rudeness
Bias
Social media and filter bubbles
Broken window theory

Spring 1
Overall health and self esteem

Body image and self esteem
Positive coping strategies
Physical health vs. Mental health
Peer pressure
How to talk about mental health
Mental health and stigma

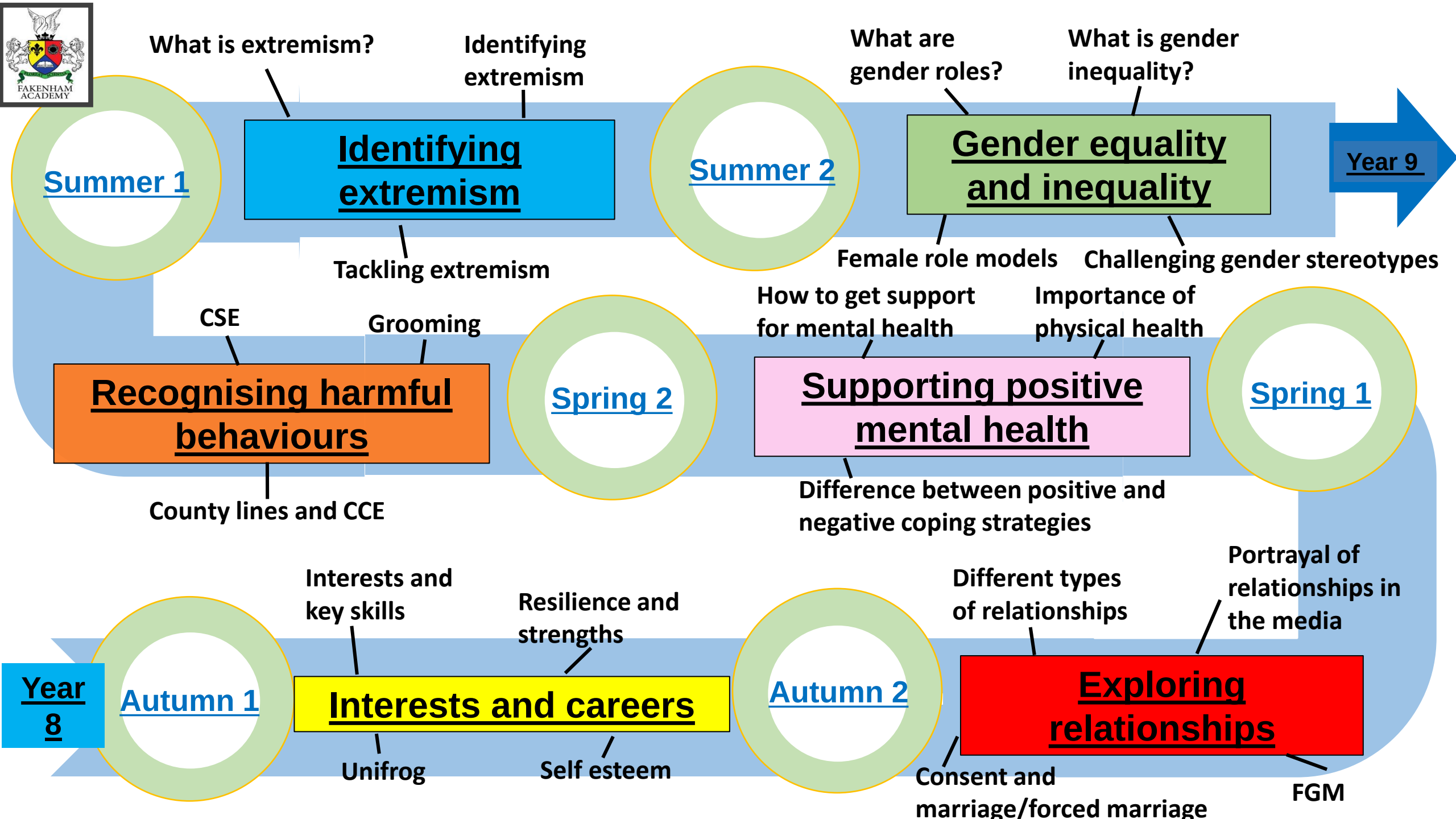
Autumn 1
Managing change

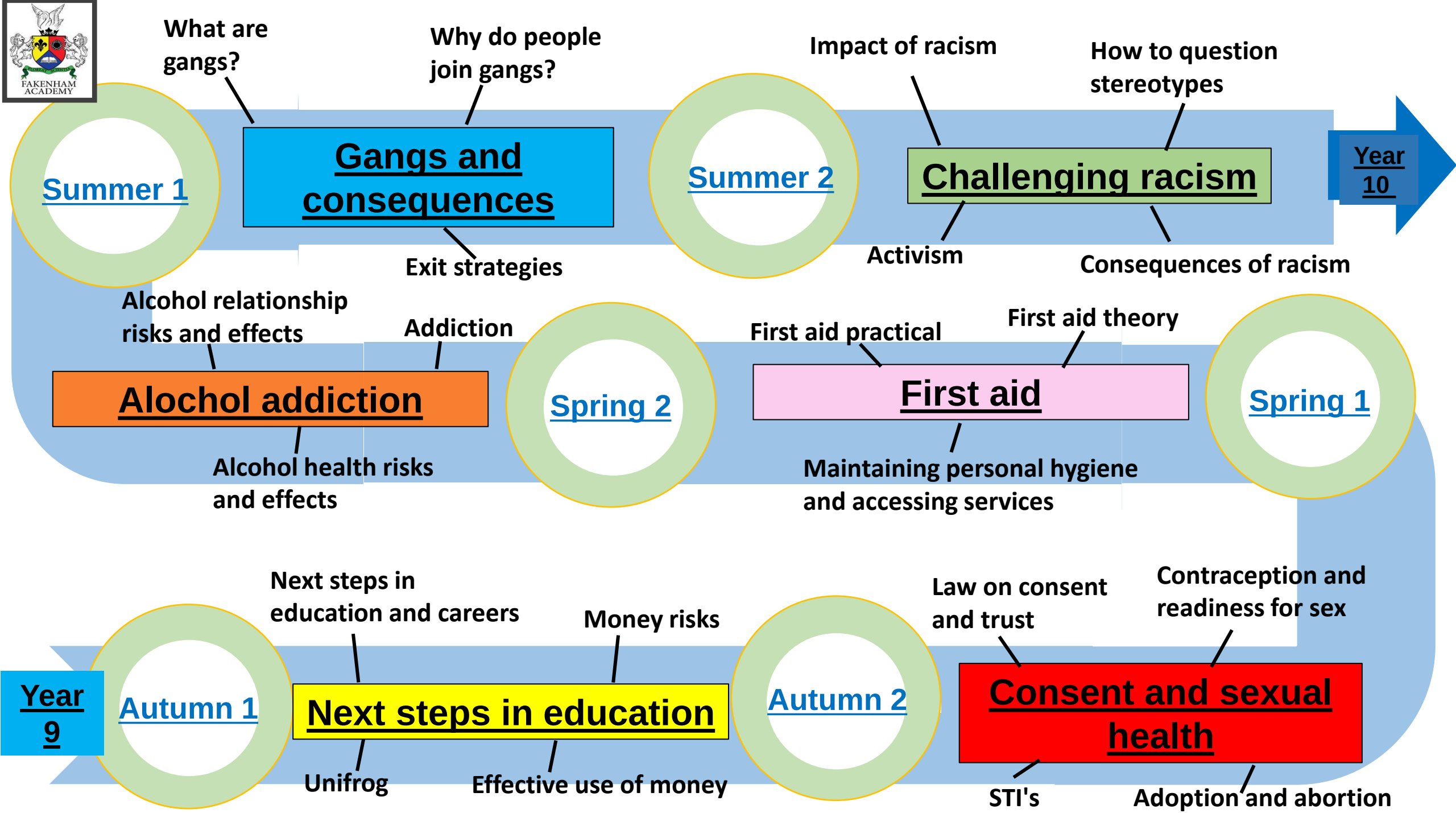
Healthy friendships
Transitioning friends
Healthy sleep
Careers
Unifrog
Home life and school life balance
Healthy eating
Exercise

Autumn 2
Changes in body and relationships

Mental puberty changes
Physical puberty changes
Consent and values
Online conflict
Conflict
What are periods?
Stigma around periods
Listening and responding

Year 8


FAKENHAM ACADEMY
Year 9
Summer 1
What is extremism?
Identifying extremism
Identifying extremism
Tackling extremism
Summer 2
What are gender roles?
What is gender inequality?
Gender equality and inequality
Female role models
Challenging gender stereotypes
Spring 2
CSE
Grooming
Recognising harmful behaviours
County lines and CCE
Spring 1
How to get support for mental health
Importance of physical health
Supporting positive mental health
Difference between positive and negative coping strategies
Year 8
Autumn 1
Interests and key skills
Resilience and strengths
Interests and careers
Unifrog
Self esteem
Autumn 2
Different types of relationships
Portrayal of relationships in the media
Exploring relationships
Consent and marriage/forced marriage
FGM


FAKENHAM ACADEMY
Year 9
Autumn 1
Next steps in education and careers
Next steps in education
Unifrog
Money risks
Effective use of money
Autumn 2
Law on consent and trust
Consent and sexual health
STI's
Contraception and readiness for sex
Adoption and abortion
Spring 1
First aid
First aid practical
First aid theory
Maintaining personal hygiene and accessing services
Spring 2
Alochol addiction
Alcohol relationship risks and effects
Addiction
Alcohol health risks and effects
Summer 1
Gangs and consequences
What are gangs?
Why do people join gangs?
Exit strategies
Summer 2
Challenging racism
Impact of racism
How to question stereotypes
Activism
Consequences of racism
Year 10

FAKENHAM ACADEMY

Year 11

Summer 1
Social media appropriateness
- Sharing content safely and positively
- Promoting personal reputation
- Reality vs. Social media

Summer 2
Exploring politics
- Parliamentary democracy
- Electoral systems
- Types of government
- Human rights and the law

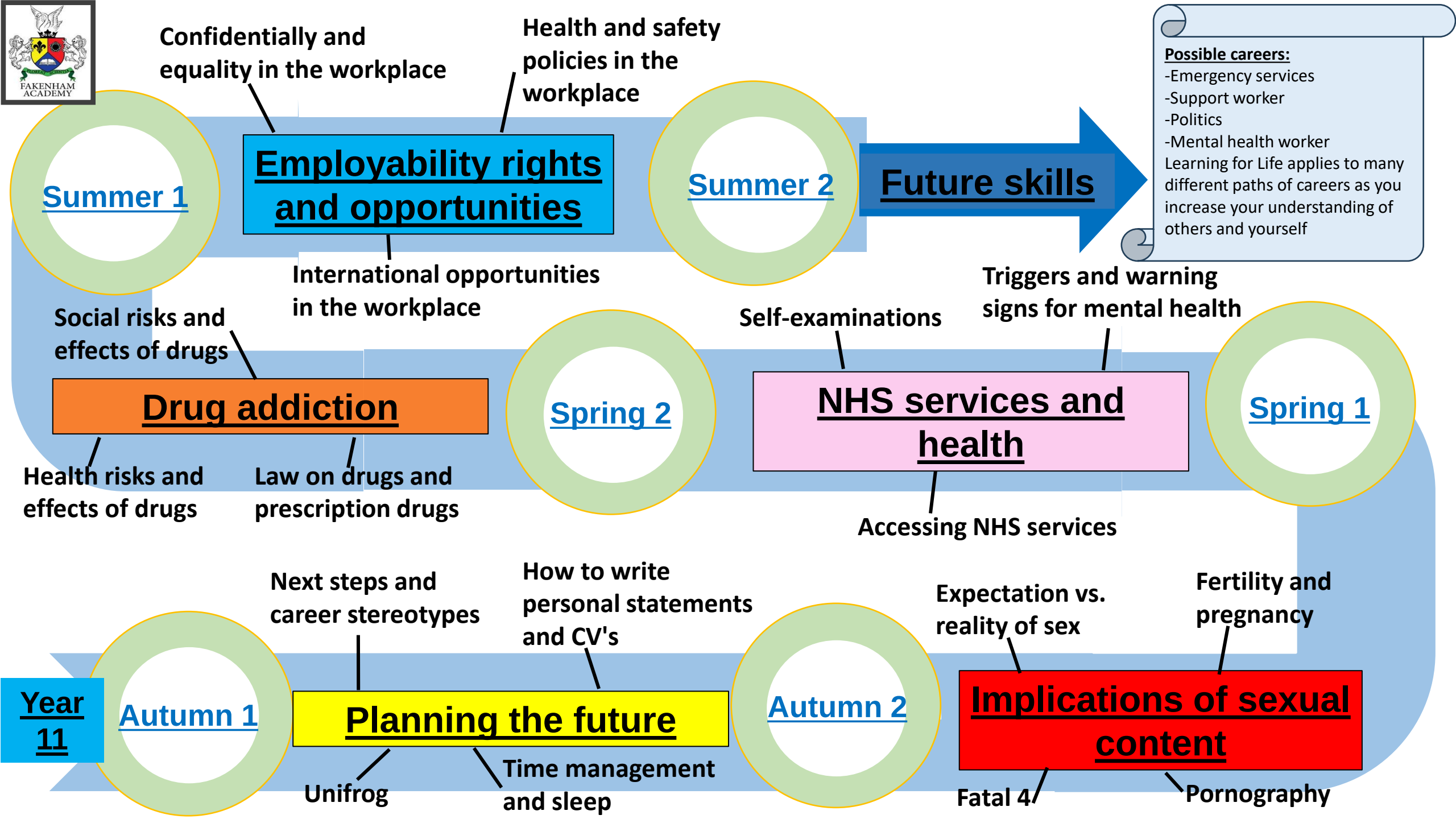
Spring 2
Recognising harmful behaviours
- Gang and criminal behaviour
- Honour based violence and forced marriage
- Gambling

Spring 1
Mental health
- Media and body image
- Impact of change on mental health
- Self esteem and mental health

Year 10

Autumn 1
Financial education
- Employability rights and wages
- Financial support
- Unifrog
- Budgeting

Autumn 2
Recognising abusive behaviour and the law
- Grooming
- Changes in relationships
- Sexual harassment and abuse
- Sexting


FAKENHAM ACADEMY
Confidentially and equality in the workplace
Health and safety policies in the workplace
Summer 1
Employability rights and opportunities
Summer 2
Future skills
Possible careers:
-Emergency services
-Support worker
-Politics
-Mental health worker
Learning for Life applies to many different paths of careers as you increase your understanding of others and yourself
International opportunities in the workplace
Triggers and warning signs for mental health
Social risks and effects of drugs
Self-examinations
Drug addiction
Spring 2
NHS services and health
Spring 1
Health risks and effects of drugs
Law on drugs and prescription drugs
Accessing NHS services
Next steps and career stereotypes
How to write personal statements and CV's
Expectation vs. reality of sex
Fertility and pregnancy
Year 11
Autumn 1
Planning the future
Autumn 2
Implications of sexual content
Unifrog
Time management and sleep
Fatal 4
Pornography